

# Telford Terrace

# January 2019

## Activities

activities subject to change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:30 Devotion 11:00 Memory Joggers 11:30 Sit & Be Fit 2:30 Bingo 4:00 Tickle the Funny Bone 6:00 Bible Study with Tom	2 9:15 Devotion 9:30 Sit & Be Fit 10:30 Resident Council & Coffee 2:30 Snowman Wreath Craft 3:00 Bookmobile 6:00 Evening Bingo	3 9:15 Devotion 9:30 Memory Joggers 11:30 Sit & Be Fit 3:00 Music Matters 6:00 New Years Resolutions	4 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 12:00 Pizza Party 1:00 Hand & Arm Massages 3:00 Music matters with Sisterhood 6:00 Snowflake Craft	5 10:30 Devotion 11:00 Sit & Be Fit 2:30 Bingo 3:30 Family Feud 6:00 Evening Movie 
6 10:30 Sit & Be Fit 10:45 Church Service 2:00 Bingo 3:30 Memory Joggers 6:00 Bible Study with Gene	7 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 1:00 Pretty Nails 3:00 Snowball Craft 6:00 Evening Bingo	8 9:15 Devotion 9:30 Memory Joggers 11:30 Sit & Be Fit 3:00 Winterwonderland with Skeets 6:00 "The Waltons"	9 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 3:00 Taste Of Home 6:00 Matching Game 	10 9:15 Devotion 9:30 Memory Joggers 11:30 Sit & Be Fit 3:00 Music Matters 6:00 Praise with First Baptist	11 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 1:00 Hand & Arm Massages 2:30 Bingo 6:00 LCR Dice	12 10:30 Devotion 11:00 Sit & Be Fit 2:30 The Whitings 3:30 Family Feud 6:00 Evening Movie
13 10:30 Sit & Be Fit 10:45 Church Service 2:30 Bingo 3:30 Memory Joggers 6:00 Bible Study with Gene	14 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 1:00 Pretty Nails 3:00 Music Bingo 6:00 Name That Tune 	15 9:15 Devotion 9:30 Memory Joggers 11:30 Sit & Be Fit 2:30 Bingo 4:00 Tickle the Funny Bone 6:00 Bible Study with Tom	16 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 2:30 Popcorn Party 3:00 Bookmobile 6:00 Craft	17 9:15 Devotion 9:30 Memory Joggers 11:30 Sit & Be Fit 2:30 Music Matters Piano & Sax with Lee & Loren 6:00 Reminisce	18 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 1:00 Hand & Arm Massages 2:30 Bingo 6:00 Memory Joggers	19 10:30 Devotion 11:00 Sit & Be Fit 2:30 Birthday Bash with music by David Butler 6:00 Evening Movie
20 10:30 Sit & Be Fit 10:45 Church Service 2:00 Memory Joggers 3:00 An Afternoon of Remembrance 6:00 Bible Study with Gene	21 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 1:00 Pretty Nails 3:00 Music Bingo 6:00 Black History Trivia 	22 9:15 Devotion 9:30 Memory Joggers 11:30 Sit & Be Fit 2:30 Bingo 4:00 Tickle the Funny Bone 6:00 Shirley Temple in "Little Miss Broadway"	23 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 3:00 Taste of Home National Pie Day 6:00 LCR Dice Game	24 9:15 Devotion 9:30 Memory Joggers 11:30 Sit & Be Fit 2:30 Music Matters 3:30 Bible Study with Tom 6:00 Praise with First Baptist	25 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 1:00 Hand & Arm Massages 2:30 Rockin with Kevin 6:00 Evening Bingo 	26 10:30 Devotion 11:00 Sit & Be Fit 2:00 Bingo 3:30 Family Feud 6:00 Evening Movie
27 10:30 Sit & Be Fit 10:45 Church Service 2:30 Bingo 3:30 Memory Joggers 6:00 Bible Study with Gene	28 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 1:00 Pretty Nails 3:00 Fun with McCready 6:00 LCR Dice 	29 9:15 Devotion 9:30 Memory Joggers 11:30 Sit & Be Fit 2:30 Bingo 4:00 Tickle the Funny Bone 6:00 Shirley Temple in "Bright Eyes"	30 9:15 Devotion 9:30 Coffee Talk 11:00 Sit & Be Fit 2:00 Afternoon Movie & Popcorn 3:00 Bookmobile 6:00 Matching Game	31 9:15 Devotion 9:30 Memory Joggers 11:30 Sit & Be Fit 12:00 Pizza Party 3:00 Music Matters 6:00 Reminisce		